



The Neonatal Behavioral Assessment (NBAS)

What is it?

An assessment of 28 behavioural responses to stimuli (face, voice, red ball, rattle, bell, light) and 18 reflex items which can be scored in babies from birth to two months old. The NBAS takes 20-30 minutes to do in a quiet, warm room with the mother/father/family when the baby is half-way between feeds.

We are focusing on the baby's strengths and how your baby responds to light and sound when asleep, (habituation) and faces and objects (orientation). We can also look at your baby's physical activity/reflexes (motor performance) and how your baby is able to regulate his/her states (from sleeping through to crying).

FREE Assessment in your own home

Getting to know more about what your baby is saying you from birth to 2ms.

***FREE Assessment
in your own home.***

***“A BABY’S
BEHAVIOUR IS
HIS/HER LANGUAGE
.... AND YOU CAN
TRUST THAT
LANGUAGE.”***

DR. T. BERRY BRAZELTON

***Your Baby Has Six
States.***

***Do you recognize
them?***

***Right from birth,
babies are learning
about their world
through you and the
other people in it.***

***MP PAEDIATRIC
PHYSIO***

Miriam Pollitt

07904 575 312

www.childphysio.co.uk